

Grŵp Trawsbleidiol ar Diabetes Cross Party Group on Diabetes

26.04.23. 12:30 - 13:30

Cadeirydd | Chair: Jayne Bryant MS

Is Cadeirydd | Vice Chair Rhun ap Iorwerth MS

Ysgrifennydd | Secretary: Diabetes UK Cymru, Mathew Norman, Deputy Director

Agenda:

Time Amser	Pwnc	Topic
12:30	 Cyflwyniadau 	1. Introductions
12:35	2. Materion yn codi o'r	2. Matters arising from 18 th of
	cyfarfod a gynhaliwyd ar	January meeting.
	18 ^{fed} of Ionawr 2022.	
12:40	3. Cyflwyniad rhaglen diabetes	3. SEREN paediatric diabetes
	pediatrig SEREN.	programme Presentation.
13:00	4. C&A	4. Q&A
13:10	5. 5. Canlyniadau Arolwg	5. Diabetes is Serious Survey
	Difrifol yw Diabetes.	Results. Diabetes UK
	Diabetes UK Cymru.	Cymru.
13:25	6. UFA	6. AOB
13:30	7. Cau	7. Close

1. Cyflwyniadau | Introductions (5 min)

Ymddiheuriadau	Apologies
 Cyflwyniad cyflym gan fynychwyr. 	Jayne Bryant MS – Unwell.
	Rhun ap Iorwerth MS
	Peredur Owen Griffiths MS
	Rose Stewart
	Rachel Burr
	Sarah Crowley
	Sarah Williamson
	Scott Crawley
	Neica Jones
	Joanne Oliver
	Quick introduction by attendees.



Note Joel James MS agreed to Chair the
Meeting.

2. Materion yn codi o'r cyfarfod a gynhaliwyd ar 18^{fed} o Ionawr 2023 | Matters arising from 18th of January meeting (10 min)

- Ymateb a gafwyd i'r llythyr a anfonwyd at y Dirprwy Weinidog Lynne Nealge AS i dynnu sylw at ganlyniadau'r arolwg/ymchwil i gefnogi galwadau am fynediad pellach ac ymwybyddiaeth o wasanaethau iechyd meddwl yng Nghymru.
- Llythyr wedi'i anfon at y Gweinidog lechyd Eluned Morgan AS i dynnu sylw at Adroddiad Catherine Washbrook-Davies, Arweinydd Maeth a Dieteteg Cymru Gyfan ar gyfer Diabetes, ar Wasanaeth 'Cilio' Diabetes Cymru Gyfan Ionawr 2020 – Mawrth 2022
- Cylch Gorchwyl Ymholiad y Grŵp Trawsbleidiol.

- Response received from the letter sent to the Deputy Minister Lynne Nealge MS to highlight the survey/research results to support calls for further access and awareness of mental health services in Wales.
- Overall, the News is positive in response to DUKs Survey and the Missing to Mainstream Report by Dr Rose Stewart, the Deputy Minister noted that The All-Wales Diabetes Implementation Group has commissioned the Cambridge Diabetes Education Programme for a few years which also has modules on mental health in diabetes. They will consider with the clinical lead whether and how this can be further promoted across wider healthcare professional groups.
- Letter sent to the Health Minister Eluned Morgan MS to highlight the Catherine Washbrook-Davies, All Wales Nutrition & Dietetic Lead for Diabetes Report on the All-Wales Remission Service – Correspondence Received. This is another piece of good news, as the Minister indicates that there could be some funding, either access to it for programmes like these or that programmes like these will continue. She states "In June I expect to publish the Quality Statement for Diabetes, which includes commitments for the continued development of diabetes remission services. I hope to say more about this to the Senedd on the day of publication."
- CPG Inquiry Terms of Reference
 The Cross Party Group is now in an inquiry phase, the terms of reference for the inquiry has been sent to all in this meeting. The aim of the inquiry is



to collect and gather evidence on the state of diabetes in Wales, its prevalence and care processes. The aim of the CPG will be to write a report which will be published on World Diabetes Day on November 14^{th.}
Hopefully (as the Senedd team only allows 6 months ahead to authorise bookings), we will be allocated our evening reception where Jayne Bryant, MS, as Chair of the CPG will be the sponsor.

3. Cyflwyniad rhaglen diabetes pediatrig SEREN | SEREN paediatric diabetes programme 2023 (20 min)

- Cyflwyniad gan Claire Baker, Bwrdd Iechyd Prifysgol Caerdydd a'r Fro ar SEREN Connects.
- Presentation from Claire Baker, Cardiff and Vale UHB on SEREN Programme.
- Presenting with her is
- Yvonne Davies-
- Dr Nirupa D'Souza,
- Dr Rebekah Pryce

Nia Elias, mother of Gruff Pugh joined us virtually. She shared her experiences in Welsh; instantaneous translation was arranged for those who are not fluent in Welsh.

The presentation (which will be shared to members) noted the various successes of the programme, including its use internationally and how this is the only programme of its kind delivered in Welsh.

Members were also surprised by the impact the programme had on First Language Welsh users, with the case study being noted as a prime example of the excellent and dedicated work. Members were saddened to learn that dedicated long-term funding was not announced at the time of the presentation to the CPG. The current restructure of the NHS Executive and the future of the All Wales Diabetes



Implementation Group (which currently funds the programme) is still unclear as t how the programme will receive future	
	how the programme will receive future funding.

4. C&B | Q&A (10 min)

Cwestiynau am y cyflwyniad.

• Questions on the presentation.

Members asked about the financial benefits of the programme. It was noted that the preventative element of the programme by supporting young people with their diagnosis and better come to terms with it would reduce hospital admissions and complications with their diabetes.

It was further noted that mental health services needed to be linked together to ensure that children and young adults received the care that they needed.

Members asked what would the impact be if the programme didn't continue. Other than what was already mentioned new technologies and understanding of diabetes are continuously developing. The materials of the programme would become out of date quite quickly with no means to facilitate further support beyond the materials.

Members also asked the mother, how she felt the programme had supported her. She noted that without the programme, her son wouldn't be able to cope as well as he did. Being able to receive support in his first language was very important to them and granted them the space they needed to learn and support each other.

Following the Q&A it was the recommendation by the Chair will be that the CPG writes to the Deputy Chief



Medical Officer (Cc in the Health Minister) supporting this programme. Such services are vital for people living with diabetes and we need to ensure that they continue. Joel James MS will be in touch with Jayne Bryant MS with his recommendations.

5. Cyflwyniad Diabetes UK Cymru | Diabetes UK Cymru Presentation (20 min)

 Cyflwyniad gan Mathew Norman, Dirprwy Gyfarwyddwr Diabetes UK Cymru, ar ganlyniadau diweddar yr Arolwg 'Mae Diabetes yn Ddifrifol'. Presentation from Mathew Norman, Deputy Director of Diabetes UK Cymru, on the recent results from the 'Diabetes is Serious' Survey.

It was noted that:

- In 2022, over half of the respondents in Wales (55%) faced difficulties managing their diabetes.
- Respondents from the most deprived areas were more likely to experience difficulties, which they attributed to the rising cost of living.
- The lack of access to diabetes healthcare teams was identified as the most common cause of difficulties.
- Approximately 41.0% of respondents found it challenging to make appointments for their diabetes checkups.
- More than half (52.4%) of those seeking emotional or psychological support encountered difficulties.
- People in the most deprived quintile were 30% more likely to have had no contact with their healthcare team in over a year compared to those in the least deprived.
- 1 in 8 people in the most deprived areas reported no contact with their healthcare team in over a year.
- In Wales, 85.0% of people with type 1 diabetes using technology agreed it helped them manage their condition, with 75.4% reporting improved wellbeing.

- Furthermore, 60.0% of respondents stated that diabetes technology facilitated easier remote consultations with their healthcare team.
- Among survey respondents, 12.2% had undergone elective surgery with the NHS in the past two years, and 29.4% found it more challenging to manage their diabetes while awaiting surgery.
- Additionally, 11.9% of survey respondents were currently on a waiting list for elective surgery, with 12.0% experiencing delays due to their HbA1c levels.
- Those on waiting lists reported resorting to various measures for diabetes management, including visiting their GP (40%), visiting A&E (17%), and paying for private care (11%).
- 36% of respondents were considering private options for their surgery.

Note: These findings are based on a survey conducted in Wales.

Following the presentation Mathew noted that the presentation cannot be shared at this time as the report is yet to be published. Once so, he will release the Presentation to members of the CPG as well as the report. The current timeline from DUK is the 2nd of May. All of this data, as well as the presentation from Claire, will be part of the CPGs inquiry and will feature in its report.

Members welcomed the presentation and looked forward to the full results. What was most encouraging was the increased uptake of people living with diabetes in Wales utilising new technologies as well as the concerns and impact of waiting lists on people living with diabetes who were seeking surgery.



- Mae Ymchwiliad y Grŵp
 Trawsbleidiol yn mynd rhagddo –
 croesewir argymhellion ar gyfer
 cyflwyniadau.
- Wythnos Atal Diabetes 22ain 27ain o Fai.
- Safio'r Dyddiad, Digwyddiad
 Diabetes Senedd y Byd, Noson
 Tachwedd 14eg I'w gadarnhau.

 CPG Inquiry is ongoing – welcome recommendations for presentations and submissions.

The chair noted the importance of showcasing the great work in diabetes care in Wales as well as the need to ensure a high level of service for people living with diabetes. And asked members to contribute to the inquiry by contacting Mathew Norman.

- Diabetes Prevention Week 22nd

 27th of May. Statement from the Minister of Health and Social Services Eluned Morgan MS is expected on the Quality Statement for Diabetes. DUK will be highlighting the impact of the Statement and hopefully, an item to discuss in the next CPG (on the 28th of June).
- Save the Date, World Diabetes Senedd Event, Evening of November 14th – TBC.

7. Cau | Close

- Dyma ddyddiadau'r cyfarfodydd nesaf:
 - o 28 Mehefin 2023 Ystafell Gynadledda C a D, Llawr 1af, Tŷ Hywel (Hybrid).
 - o 27 Medi 2023 Ystafell Gynadledda C, Llawr 1af, Tŷ Hywel (Hybrid)
- Ewch ag unrhyw fwyd dros ben yn ôl gyda chi i'r swyddfa/cartref

- Next meeting dates are:
 - 28th of June 2023
 Conference Room C & D,
 1st Floor, Ty Hywel
 (Hybrid).
 - 27th of September 2023
 Conference Room C,
 1st Floor, Ty Hywel
 (Hybrid)
- Take any left-over food back with you to office/home